One out of every seven U.S. children aged 2 to 8 years have a diagnosed mental, behavioral, or developmental disorder. Cameron Gallagher was a bright and talented young girl battling depression and anxiety. Cameron’s dream was to raise awareness and erase the stigma about these topics. At the tender age of 16, she suddenly passed away from an undiagnosed heart condition.

Recognizing the dire need for solutions to support all students’ mental health and wellness, Gale’s team of teachers partnered with the Cameron K. Gallagher (CKG) Foundation to curate Cameron’s Camp for Wellness. It has over 100 eBooks that provide targeted resources and guidance for elementary students, teachers, and counselors. Together, we can provide private, age-appropriate mental health resources and guidance to support children and teens like Cameron.

FIND OTHER COLLECTIONS THAT SUPPORT STUDENT MENTAL HEALTH

Cameron’s Collection—Designed for older students in middle and high school, this collection helps teens cope with everyday stressors and stay in the present moment with mindfulness techniques and other practical tips. Created with the Cameron K. Gallagher Foundation, this collection of over 100 eBooks will also help students who are affected by mental illness and inspire them to seek help.

Mental Health—This is a great add-on collection for those who have Cameron’s Collection. It covers topics such as depression, anxiety, post-traumatic stress disorder, family issues, drug and alcohol abuse, sexual violence, relationships, and more.

Digital Citizenship—Built on the nine elements of digital citizenship by Mike Ribble, this collection covers digital access, commerce, communication, literacy, etiquette, law, rights and responsibilities, health and wellness, and security.

PROVIDE SEL RESOURCES FOR EDUCATORS

Educator SEL is just as important as student SEL. Gale partners with several publishers to provide authoritative content on topics such as school counseling, grief, and bullying. Give educators the tools they need to prioritize their self-care and address sensitive topics with Gale eBooks: Professional Learning collections. Each digital collection brings together 10–50 cross-searchable titles featuring renowned authors from ASCD, Corwin Press, ISTE, Solution Tree, and more.

MEET GALE’S TEACHER-CURATOR, NICOLE ALBRECHT

Nicole is a certified high school teacher from Michigan and has her master’s degree in curriculum and instruction with a focus on adolescent literacy. As a former teacher, Nicole recognizes the importance of curating eBook collections that meet the needs of the school and its students.

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